

WONCAEUROPE

NUMBER 1 • SPRING 2016



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THE NEWSLETTER OF
@WONCAEUROPE

FOCUS ON
Copenhagen2016//



WONCA EUROPE NEWSLETTER
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Instructions to Authors
We invite all the WONCA Europe Member Organisations, Networks and Special Interest Groups, to send news, updates, brief reports and other communications that they wish to share with the rest of the WONCA Europe community.

By sending any material to us, you will be agreeing automatically that we can share them in the WONCA Europe newsletter and on our website and social media accounts. Make sure that your organisation is the copyright owner of all the material or that it is released under a public / open content license.

As there may be a high number of communications, only a selection of the received news may be published. Please consider including links for further reading.

For the upcoming issues, please send your material before 25th June (Summer issue) or 10th September (Autumn issue).

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EDITORIAL //

WELCOME TO OUR NEWSLETTER

// JOB METSEMAKERS PRESIDENT OF WONCA EUROPE



Dear colleagues,

In a few month's time we will meet at our WONCA Europe 2016 Conference in Copenhagen. We will catch up on what each of us is doing, participate in a workshop, share a drink at the dinner party, and say "see you next year". Some of us will meet sooner in a Network meeting.

WONCA Europe Executive would like to continue the dialogue also between our meetings. We would like to inform you about what the Executive is doing, and we would like to know what is going on in our Networks and WE Special Interest Groups. We hope that by sharing this kind of information we will strengthen our collaboration, and also encourage cross border activities.

We would appreciate if you actively distribute the newsletter to your members, and national committees. We also will use our newly launched media accounts to communicate.

We invite you to send in news, announcements of meetings, or whatever you think is relevant. In this first Issue you can find such a mix. We will not print everything you provide as we want to keep it a newsletter with short pieces of information. Furthermore, if appropriate we will share news with the WONCA World Newsletter.

So welcome to our WONCA Europe Newsletter. Make good use of it!

On behalf of the WONCA Europe Executive,

Job FM Metsmakers

WONCA Europe President

COPENHAGEN 2016

JUNE AND COPENHAGEN ARE GETTING CLOSER

// PETER VEDSTED PRESIDENT OF SCIENTIFIC COMMITTEE
// ROAR MAAGAARD PRESIDENT OF HOST ORGANISING COMMITTEE

In Copenhagen in June we are delighted to present Professor Martin Roland, University of Cambridge – giving a keynote on The future of primary care: **What is primary care going to look like in the future?**

Many GPs' workload is becoming more complex with more older multi-morbid patients and with care increasingly moving away from specialists into primary care in many countries. However, there are major problems of the workforce available to deal with these challenges. Most countries either have difficulty recruiting enough GPs or have geographical parts where it's difficult to get GPs to go and work. Professor Martin Roland, a GP for 35 years and Professor of Health Services Research at the University of Cambridge, has recently addressed these challenges in a report for the UK government: The Future of Primary Care: Creating Teams for Tomorrow. In his keynote he will describe solutions that will enable countries across Europe to rise to the challenges of coming years. These include a more multi-disciplinary workforce, networks of practices working more closely together, and better use of IT both for communication between professionals and with our patients.

Hearing Martin Roland's presentation about the future of primary care will certainly be of interest for clinicians and most certainly also for health care planners.

At the WONCA Europe 2016 in Copenhagen Martin Roland will give his presentation on Friday morning 17 June.

DIAGNOSING IS A VITAL TASK IN FAMILY MEDICINE //

Diagnosing is a vital task in Family Medicine – a cornerstone in clinical work. With over 10,000 diseases, diagnosing is a challenging task. We use history, examination, and different diagnostic tests and need to combine the results. Finally, we discuss the results with the patient and meet the patient's expectations. Though diagnosing feels like a natural part of everyday clinical work, we need to reflect on our ability to diagnose. Patients are involved in the process of diagnosing much more than before. How do we involve the patients and how do we include evidence in the discussion with the patient? Challenges include unexpected abnormal tests and patients presenting many symptoms, but normal diagnostic tests.

To help us answering these questions – and many others – we have invited Paul Glasziou as a key-note speaker at WONCA Europe 2016.



PROFESSOR MARTIN ROLAND //

ABSTRACTS



1.200

FIRST ESTIMATIONS //

The official abstract submission period has ended last Friday, 5 February. Optimistically, our estimate was 1.200 submissions.



1.562

FINAL COUNT //

Eventually, we have received 1.562 abstracts!



63

WHO'S COMING //

We have received submissions from all 6 continents, from 63 countries - some countries are high-fliers... Can you guess the 5 most productive submitting countries?

Paul Glasziou is Professor of Evidence-Based Medicine at Bond University and a part-time General Practitioner. He was the Director of the Centre for Evidence-Based Medicine in Oxford from 2003-2010. He is the author of seven books related to evidence based practice, and he has authored more than 160 peer-reviewed journal articles.

His main interest is in improving medical decision-making, including clinical trials, systematic reviews and evidence-based medicine. As a family practitioner, he has particularly focused on the applicability and usability of published trials and reviews.

He co-leads a series in the BMJ on diagnosis in primary care, and participates in the debate about the future of EBM.

At the WONCA Europe 2016 in Copenhagen Paul Glasziou will give his presentation on Thursday morning June 16.

In his presentation, he will cover the main theme: **Diagnosing – a vital task for Family Medicine.** We look forward to hearing Paul Glasziou's presentation about the future of diagnosing in Family Medicine given the possibilities of new technology and early risk identification.

THE SKILLS LAB //

The participants of WONCA Copenhagen will be able to train skills that are important to the daily work of a GP. A "Skills lab" has been created in an open area in the conference center.

1. A microscopy skills lab
2. A gynecology skills lab
3. A clinical ultrasound skills lab

THE VOICE OF THE PATIENT

MEET ULRIKA SANDÉN, THE PATIENT VOICE OF WONCA EUROPE COPENHAGEN



Ulrika Sandén is a social worker pursuing doctoral research of cancer processes at the Ingvar Kamprad Design Centre, Lund University, Sweden. She is also a brain tumor survivor and her book about the trajectory as a surgical and oncological patient was on the literature curriculum of the Karolinska Institute medical school.

Ulrika Sandén's research is part of the patient-centered project "Proactive Cancer Care" where she recently interviewed 19 focus group patients about their lives as cancer patients and how they perceive the cancer care processes. At the WONCA Europe 2016 conference in June she will present different perspectives on consultations and the diagnostic process both as a researcher and as a patient.

"What do you do as a patient when what the hospital specialists say doesn't make any sense?"

Follow up after cancer treatment is something that scares many patients, but do they need to be scared? Many patients have both a hospital specialist and a GP for follow up care. Is there a way for GPs to reduce fear and to gain the trust of scared patients?

Many people are talking about the future consultation in availability terms. Some argue that we should have drop-in consultations at shopping malls etc.

Ulrika Sandén will discuss the future consultation from another angle, where the feelings experienced by the patient is central. Is it possible to empower patients through consultations? This and other issues will be dealt with in Ulrika Sandén's presentation.

At the WONCA Europe 2016 in Copenhagen you can meet Ulrika Thursday 16 June and Friday 17 June in morning sessions.

THE SCIENTIFIC COMMITTEE

The members of the scientific committee are: Peter Vedsted (President), Anja Maria Brænd, Hannes Hrafnkels-son, Tuomas Koskela, Helena Liira, Patrik Midlöv, Anne Møller, Jørgen Nexøe, Guri Rørtveit, Emil L. Sigurdsson and Hans Thulesius.

QUICK UPDATES

FROM THE WONCA EUROPE NETWORKS
& SPECIAL INTEREST GROUPS



EURACT



DUBLIN SEPTEMBER 2016 //

We are delighted to announce that the website for EURACT's conference 'Educating Doctors for General Practice / Family Medicine 2.0' in Dublin in September has just been launched. Our plenary speakers Amanda Howe, Mette Brekke and Igor Svab have confirmed their attendance. We are looking for attendance from a range of people involved in family medicine education and high quality contributions in the form of educational research, posters and proposals for workshops.

For information:

<http://www.euractdublin2016.org/>

<http://www.icgp.ie/>

Jo Buchanan
President

Mario R Sammut
Hon. Secretary

Darach O'Ciardha
Chair of Organising Committee

Jan Degryse
Chair of Scientific Committee

EGPRN



EGPRN MEMBERSHIP //

Dear colleagues, members and future members of EGPRN, EGPRN, the official Wonca Europe Network for research in general practice/family medicine/primary care, is renewing its membership.

Good conferences, instructive workshops, interesting debates and fruitful contacts.

We invite you to renew your EGPRN membership for the next three years period October 2015-October 2018.

We offer to all our individual members free online access to the European Journal of General Practice for the period of your membership. For more information, please have a look at the attached documents and at

www.egprn.org

EQUIP



ASSEMBLY APRIL 2016 //

EQuIP invites you to participate in a conference on **Patient Safety in General Practice** in Prague on 22-23 April.

EQuIP has a tradition of plenary sessions with international experts, very interactive workshops and smaller groups to deepen knowledge and share your vision on this topic.

What is the role of the doctor and of the patient? How can the organisation of the health system and of your practice assure safer care? How do you learn from your faults and make sure they don't happen again? How important is a healthy doctor for safe care? Can the computer help or be a threat? Which faults are the most important in general practice? Are vulnerable patients more at risk than others? Can we teach about safe care to students and trainees? These and a lot of other related topics can be addressed.

For information:

<http://www.equip2016.cz>

Piet Vanden Bussche
EQuIP President

EURIPA



FORUM SEPTEMBER 2016 //

The theme of the 6th EURIPA Rural Health Forum in Marseille is: **"Being a young rural doctor"**

The organising committee kindly invite doctors, concerned by rurality to seize this opportunity to submit. If submitters are not familiar with research or/and with submission they must not hesitate to contribute on "Special Session" the members of scientific committee will help them.

For information:

<http://www.euripaforum2016.eu>

To submit:

scientificeuripa@overcome.fr

Pr Jean-Pierre Jacquet
International Advisory Board Chair



UPDATES FROM THE VASCO DA GAMA MOVEMENT

The Vasco da Gama Movement (VdGM) Council Meeting held at the 2015 WONCA Istanbul Preconference was a moment of renewal for VdGM: a new logo and Constitution were approved, four new Executive members were elected, and the host country for the 4th VdGM Forum was selected.

The redesigned logo incorporates the WONCA World globe while retaining elements from the old logo which should make it recognizable to the entire WONCA Europe family. You can find it on vdgm.eu and across VdGM official communication channels namely on [Twitter](#) and [Facebook Page](#).

The commendable work of noteworthy VdGMians has also been rewarded: former Image Liaison, Raluca Zoitanu, has joined the WONCA Europe Executive Board as the VdGM Representative; Ana Nunes Barata, founder of the FM360 exchange programme, was selected to coordinate the programme at a global level; Cristiano Figueiredo has been appointed the new VdGM FM360 Coordinator; and Claire Marie Thomas along with Candan Kendir Copular were formally appointed as joint VdGM Co-Liaisons to ASPIRE, the Global Leader Program envisioned by Kyle Hoedebecke, Chair of the Polaris Movement, the VdGM counterpart network for new and future family physicians in WONCA North America region.

Following the newly adopted Constitution, the VdGM Executive is seeking for nominations for the VdGM President Elect 2016-2017, who will also serve as VdGM President from 2017-2019. The deadline for nominations is May 17th, 2016. The election of the President Elect for 2016-2017 will take place on June 14th, 2016 during the VdGM Europe Council Meeting in Copenhagen (Denmark).

Meanwhile, preparations are ongoing for the two main events in Europe this year for new and future family physicians: the VdGM Pre-conference 2016 and the 3rd

VdGM Forum. You can keep yourself up-to-date about the Pre-conference and Forum by following the VdGM social media channels or the official hashtags on Twitter #vdgmpre16 and #3vdgmf, respectively.

To help you master Social Media, you may wish to download the recently published Vasco da Gama Movement Compass: Navigating the Sea of Soci@l Media, a collaboration with EQuIP's manager, Ulrik Kirk.

Professor Michael Kidd, WONCA President, has shared the e-guide with the United Nations High Level Panel on Health Technologies, proving that work done in VdGM is not only recognised but can also have an impact.

As the planning for the 4th Forum continues, VdGM is already looking for the future ahead. The Executive has recently invited VdGM Europe Council Members to submit bids to host the VdGM Forum in 2018. New and future family physicians interested in hosting it are invited to work together with their national representatives in VdGM Europe Council. Proposals are to be sent by the National Delegates to secretary@vdgm.eu until May 17th, 2016. The winning host will be elected by ballot during the VdGM Europe Council Meeting in Copenhagen, which will be held on June 14th, 2016.

Exchanges are still the heart of VdGM, "pumping" new and future physicians all across Europe through the Hippokrates programme and Conference exchanges, and most recently also to the rest of the World through the FM360 exchange programme.

You don't want to miss the inspiring exchange experiences being presented at WONCA Europe Conference 2016 by the winners of the 2015 Hippokrates and Carosino Prizes: Cristiano Figueiredo for the best Hippokrates exchange (from Portugal to the UK) and Simon Thornton for the best Carosino exchange (from the UK to Denmark).

In 2016, apart from the exchanges

around the Pre-conference 2016 in Copenhagen and the 3rd VdGM Forum in Jerusalem, VdGM has already planned exchanges around conferences in Madrid (Spain), Paris and Strasbourg (France), Verona (Italy), Croatia (Šibenik) and The Netherlands (Utrecht). Don't miss the upcoming application deadlines! Check them on vdgm.eu.

Moreover, in collaboration with the respective organizing committees, VdGM has made provision for 5 bursaries to be made available to assist VdGMians to attend the forthcoming 5th International Trakya Family Medicine Congress in Edirne (Turkey) and the 15th International Eastern Mediterranean Family Medicine Con-

gress in Adana (Turkey).

Research is also being brought to the VdGM spotlight, as proven by a recent publication and the opening of applications for the Junior Researcher Award 2016. Through this award, VdGM aims at promoting a new generation of GP/FM doctors which sees both research skills and patient care as a life time career. For the 2016 edition, the application deadline is March 15th, 2016. The final candidates are expected to present their project proposal during a VdGM session in WONCA Copenhagen 2016 for junior champions in GP research.

We look forward to meeting you all in Copenhagen next June and in Jerusalem in September 2016!



THE VdGM FUND //

Considering that significant inequities in Europe also afflict our discipline and prevent many new and future General Practitioners/Family Physicians from joining the annual VdGM Pre-conference and WONCA Europe Conference, VdGM has once more opened the applications for the VdGM Fund. For the 2016 edition, two bursaries of up to 750€ are being granted. Candidates should send their application together with a reference letter to info@vdgm.eu by March 1st, 2016.

Launched in 2012 at the initiative of the VdGM Past President Sven Streit, the VdGM Fund has already helped 14 new and future family doctors to attend the WONCA Conferences in Prague, Lisbon and Istanbul. If you wish to make a donation to this cause please contact info@vdgm.eu. Even the smallest amounts can make a difference in someone's life. We will be more than happy to guide you and provide any needed information.

THE UPCOMING VDGM MEETINGS



THE VDGM PRE-CONFERENCE 2016 //

The VdGM Pre-conference 2016 will take place in Copenhagen (Denmark), from June 14th to the 15th, 2016, just prior to the WONCA Europe Conference (June 15th through June 18th, 2016). The Pre-conference will gather up to 200 new and future family doctors in a structured but informal meeting. The objective is to present participants an international perspective on family medicine while meeting colleagues and future friends.

Moreover, if you would like to learn about the Danish primary health care system, we have the privilege to offer a one day visit to a Danish GP practice. The Pre-conference exchange on June 13th will offer 30 participants the chance to meet very enthusiastic and inspiring Danish GPs across Zealand (Denmark).

The online registration is currently open for both the Pre-conference and the WONCA Europe Conference - the latter offering a discount for trainees and GP/FM specialists under 5 years after graduation.

THE 3RD VDGM FORUM //

As for the 3rd VdGM Forum, it will be held in one of the most ancient and multi-cultural cities in the world: Jerusalem. The Forum offers a diverse and high quality scientific program under the theme "Reaching out for diverse populations: Medicine for the vulnerable". Over the course of the Forum, we are confident you will enjoy the distinguished keynote lectures, the thought-provoking panels, the lively debates, the handy workshops, and the exciting oral presentations and posters. We also encourage you to attend the social events meant to keep all participants in a good vibe. Participants are invited to [submit abstracts](#) in four categories: workshops, short oral presentations, posters and debates.

Moreover, if you are interested and willing to serve as an abstract reviewer, please read the call for abstract reviewers and fill in the online form. This is a fantastic opportunity for anyone who would like to be involved in the Forum. For those who have never been involved in the review process before, this is a great way to get started.

Placements for the Forum are limited, so register early. If you would like to extend your stay, do consider participating in the pre-Forum exchange programme and pre-Forum workshops.

#WFDD2016

19 MAY 2016: THE WORLD FAMILY DOCTOR DAY

// GARTH MANNING CEO OF WONCA



World Family Doctor Day (FDD) – 19th May - was first declared by WONCA in 2010 and it has become a day to highlight the role and contribution of family doctors in health care systems around the world. The event has gained momentum globally each year and it is a wonderful opportunity to acknowledge the central role of our specialty in the delivery of personal, comprehensive and continuing health care for all of our patients. It's also a chance to celebrate the progress being made in family medicine and the special contributions of family doctors all around the world.

Last year many of our colleagues across the globe celebrated the day by organising a variety of events and activities, and we received reports and photographs from many countries, which we were able to feature in WONCA News. Dr Karen Flegg, the WONCA Editor, has even produced a template for countries and College and societies and associations, to aid reporting: [submit report here](#)

We're very happy for Member Organizations to develop their own theme for FDD, depending on local priorities, but this year we'd especially like to highlight smoking cessation. Smoking is the activity most damaging to health in a whole range of ways, and part of our role as family doctors is to be able to encourage our patients to stop smoking and to provide resources and support to help them.



We want to **hear from you** to let us now what events and activities you are planning to celebrate the day.

#WFDD2016 RESOURCES //

We're making a number of resources available to our members for them to use during FDD:

#WFDD2016 LOGO

The FDD logo is available via the [WONCA website](#)

AAFP SMOKING CESSATION TOOLS

Our colleagues in the American Academy of Family Physicians (AAFP) have very kindly allowed us to access their smoking cessation tools. [These can be accessed here](#) and all we ask is that you acknowledge AAFP as the source of the materials.

IPCRG RESOURCES

IPCRG (the International Primary Care Respiratory Group) also produce a number of helpful resources for family doctors [available here](#), including a very useful desktop helper: "Helping patients quit smoking: brief interventions for healthcare professionals"

We look forward to getting reports from Member Organizations in due course with news and photos of the events held, and many of these will be featured in future editions of WONCA News.

8TH SPANISH CONFERENCE ON PATIENT SAFETY IN PRIMARY CARE

// MARÍA-PILAR ASTIER CHAIR OF THE PATIENT SAFETY WORKING GROUP, SEMFYC

The eighth annual Spanish Conference on Patient Safety in Primary Care took place on May the 29th 2015 in Cruces Hospital in Baracaldo, Bilbao (Spain).

More than 150 primary care professionals met together to share patient safety activities, discuss and make new proposals to enhance patient safety in primary care.

This annual conference theme was “Second victims: impact of adverse events on healthcare professionals”.

This conference is organized in collaboration of four healthcare professional societies: Spanish Society of Family and Community Medicine (SEMFYC), Spanish Society of Healthcare Quality (SECA), Primary care and community Nursing Federation of Regionals Associations (FAECAP), and Spanish Society of Primary Care Pharmacists (SEFAP) as well as the Basque Country Health Department and Osakidetza (Basque Health Service) and the Spanish Health Ministry.

The Opening lecture was delivered by Susan Scott, Missouri University (EEUU), with the title 9 years experience on giving support to second victims related with adverse effects. Scott SD, Hirschinger LE, Cox KR, McCoig M, et al. Caring for our own: deploying a systemwide second victim rapid response team. *J Qual Patient Saf.* 2010;36 (5):233-240.

A round table to present different perspectives concerning patient safety in primary care took place afterwards. D. Enrique Peiro introduced the Basque Country Strategy on Patient Safety. Dr Jose-Joaquin Mira (University Miguel Hernandez, Elche (Alicante)) presented first results of a national project which measures the impact of adverse events on health professionals and healthcare institutions. The last lecture was delivered by Dr Asier Urruela (University of Zaragoza) with a reflection about legal concerns on open disclosure to patients, reporting and learning systems and a proposal for improvement of patient safety culture on Spanish legislation.

A total of 40 scientific abstracts were received from different

primary care teams all over Spain. Main topics were: safe use of medications, hand hygiene, reporting and learning systems and other safe clinical practices.

At the end, “Fernando Palacio awards” for improvement of patient safety in primary care were delivered to the following projects: “an experience of safe use of high risk medication in primary care”, “process management to support a safer immunization”, and “an analysis of an safety incident in a practice”.

Four workshops took place in the afternoon: Susan Scott ran a workshop on their institutional program to support second victims “For You Team”. Lena Ferrus ran a workshop on role-playing for healthcare professionals to cope

with an adverse event on the very initial moments. Sheila Sanchez ran a workshop on the management of FEMA (Failures and Effects Modal Analysis) to improve patient safety in a health centre. Elena Valverde gave a workshop on “Wise prescription and de-prescription strategy for medications”

You may find the scientific abstracts of this conference as well as the eighth previous ones are in the following site: www.seguridadpaciente.com

Some of the lectures videos are available in the Spanish Society for Healthcare Quality (SECA) web site : www.calidadasistencial.com





TRAINEES & YOUNG FAMILY DOCTORS OF THE PORTUGUESE NATIONAL ASSOCIATION OF FAMILY MEDICINE (APMGF)

// ANA NUNES BARATA DEPARTMENT OF TRAINEES AND YOUNG FAMILY DOCTORS, APMGF

The Portuguese National Association of Family Medicine (APMGF) holds the Department of Trainees and Young Family Doctors (FD), established in 2009.

By promoting activities both at national and international level, this department has tried to offer the possibility for postgraduate development of trainees and young FD. It has been actively promoting its activities and has shared important material for trainees and junior doctors on social media, namely facebook, twitter and national FD discussion platforms.

On a national level, it hosts a yearly event linked to the National Congress of Primary Care, where relevant issues related to young FDs and trainees are addressed. The Department has also looked into gathering contacts of local groups of trainees, in order to promote their activities on a national level. To celebrate World Family Doctor's day, it promoted a tweetchat that discussed the future of Family Medicine in Portugal, as well as organized and participated in the activities on May 19, 2015 (giving handouts to the population on Family Medicine, advice for healthy lifestyle and going for small walking activity with the patients).

Internationally, the Department of Trainees and Young Family Doctors collaborates closely with the Vasco da Gama Movement. Currently, there are five members who have been assigned a leadership or representative position in the Movement. Last year, the Department received a total of 44 applications for exchanges via VdGM, being that eleven of them were successfully completed during the year. Having won the Leonardo da Vinci fund in 2013, 2015 was also the year where the 16 exchanges in primary care took place and were funded by this program (thanks to the collaboration of the VdGM peers, the Department was able to fund one extra exchange, than the 15 originally planned). This opportunity was very popular, having a received a total of 39 applications. Portugal participated in eight conference exchanges promoted by the VdGM, where 33 applications were assessed and 18 candidates were selected. During the department's national event, a conference exchange was organized, where five colleagues from Europe had the opportunity to get to

know the Portuguese health care system.

Portuguese exchange participants have also been very successful - the 2014 edition of the Hippokrates and the Carosino prize was won by two Portuguese participants and, in 2015, the Hippokrates prize also went to our Portuguese colleague, Cristiano Figueiredo. Not only in exchanges, but also in research Portuguese participants have won awards - João Sarmento's "Clinical Information Integration Project" was one of the winners of the 2013's Junior Researcher award edition.

How do we get this large involvement in the VdGM, one may ask? One of the strategies is to always arrange a workshop about the VdGM in the national events that are promoted by the APMGF. Furthermore, in the beginning of the year, during the welcome reception events to the first year family medicine trainees, the members of the department always give a little speech, in order to present the department's activities and motivate for the involvement

with the VdGM.

Currently, the APMGF's Department of Trainees and Young FD is looking into possibilities to make exchanges organized by the VdGM a part of a trainee's curricula.

Besides the collaboration with the VdGM, the Department of Trainees and Young FD works with other institutions that are developing projects to improve primary care and have impact on an international level.

All in all, it is the main objective of APMGF's Department of Trainees and Young FD to prompt young FD to open their horizons, by contacting with different contexts from their own. It is the department's mission to aid them in this journey.





On behalf of the Turkish Association of Family Physicians (TAHUD), we would like to inform you about our new Executive Board.

President: Professor Murat Ünalacak, MD
Hacettepe University Faculty of Medicine, Department of Family Medicine, Ankara
Head of Department

Vice President: Dr. Erdem Birgül
Specialist, Private Practice in İstanbul

Honorary Secretary: Associate Professor Dilek Toprak, MD
Şişli Hamidiye Etfal Training and Research Hospital, İstanbul
Chief of Family Medicine Department

Honorary Treasurer: Associate Professor Hülya Yıkılkan, MD
Dışkapı Yıldırım Beyazıt Training and Research Hospital
Lecturer

Member: Professor Esra Saatçi, MD
Çukurova University Faculty of Medicine, Department of Family Medicine, Adana
Head of Department

Member: Associate Professor Serdar Öztora, MD
Trakya University Faculty of Medicine Department of Family Medicine, Edirne

Member: Associate Professor Hüseyin Can, MD
Katip Çelebi University, Faculty of Medicine, Department of Family Medicine, İzmir

IPCRG UPDATES

// JIM REID DEPUTY DEAN AND IPCRG WONCA REPRESENTATIVE

The IPCRG 8th World Conference runs from 25-28 May 2016 at the Rai Auditorium, Amsterdam: “Teamwork - who cares?”

Keynote speakers include Trish Greenhalgh and Cherian Verghese, Coordinator, Management of Noncommunicable Diseases at the World Health Organization. 150 primary care respiratory research abstracts were submitted, from low middle and high income countries, which is heartening signal of the development of primary care research and implementation capacity. To see the detailed programme and to register go to www.ipcrg2016.org

The IPCRG successfully bid for a Horizon 2020 research grant for preventing and treating chronic respiratory diseases in low-resource settings. For more information

on the fourteen partners, countries and objectives go to www.theipcrg.org/freshair. Also follow us on Twitter @FRESHAIRTeam

The IPCRG is working with the World Health Organization to develop an educational approach for diagnosing and treating chronic respiratory diseases and tobacco dependence in primary care, building on successful Teach the Teacher programmes in asthma, and approaches summarised in our desktop helpers eg Difficult to Manage Asthma and Helping Smokers Quit.

IPCRG will be running workshops and a symposium in Copenhagen - come and meet us and catch up with the latest news from the respiratory SIG!

ANTIBIOTIC RESISTANCE

// UPDATES FROM THE STANDING COMMITTEE OF EUROPEAN DOCTORS (CPME)

The rapid increase of antibiotic resistance constitutes a serious public health threat and necessitates a joint response, both in human and animal health. For this reason, the Standing Committee of European Doctors (CPME) issued jointly with the Federation of Veterinarians of Europe (FVE) and the Council of European Dentists (CED) a leaflet on the responsible use of antibiotics. The leaflet directly addresses Doctors, Dentists and veterinarians, and is available in all EU languages [here](#).

Furthermore, CPME continues its close collaboration with the European Centre for Disease Prevention and Control

(ECDC) and actively participates to the annual European Antibiotics Awareness Day (EAAD).

For the EAAD 2015, CPME produced a video pledge to promote a responsible use of antibiotics. The video is available [here](#).

CPME has also taken action with regard to the European Parliament's draft own-initiative report on “safer health-care in Europe: improving patient safety and fighting antimicrobial resistance” (2014/2207(INI)).

NEW IMPULSES FOR
GP-CENTERED HEALTHCARE
IN GERMANY

// JOCHEN GENSICHEN PROFESSOR & CHAIR, INSTITUTE OF GENERAL PRACTICE & FAMILY MEDICINE, JENA
// GUIDO SCHMIEMANN INSTITUT FÜR PUBLIC HEALTH UND PFLIEGFORSCHUNG UNIVERSITÄT, BREMEN

In Germany, political will to support primary care, namely GP-care, started in 2004 with the establishment of a legal framework for GP centered health care programs. Still based on the general principle of free physicians' choice for patients and the so induced competition between physicians, statutory health insurance funds (SHIF) were encouraged (since 2004) respectively obliged (since 2007) to offer contracts to GPs in order to implement incentives for more and better GP-coordinated health care, and to patients to benefit from the program by choosing one specific GP whom they commit to consult before seeing a specialist in return.

The concrete elements of those contracts are to be set between the contract partners which normally are the SHIF, the regional association of statutory health care physicians and the regional association of GPs. There are two different types of contracts:

1. "Full" contracts leave the regular remuneration system, and build their own system for all GP-services
2. "Add-on" contracts are built on top of the regular remuneration system.

After the full contract of the SHIF "AOK" in the federal state of Baden-Württemberg has been evaluated with positive results, now, the results of the first scientific evaluation of an add-on contract of the AOK PLUS in the federal state of Thuringia have been presented at the IHEA-conference 2015 in Milan and the DEGAM-conference 2015 in Bozen.

The economic and care coordination outcomes may be interpreted as first cautious evidence of intensified and better coordinated care for older, multimorbid patients, going along with no statistically significant rise in total direct cost (not regarding intervention costs). Namely patients enrolled in the program more often consulted only one GP during an observation period of 18 months and more often had referrals when consulting a specialist. There was a higher rise in GP-consultations, laboratory tests, home-visits, enrolments into disease management programs, medication adjustments, and a slower rise in drug costs in the intervention group compared to a control group.

IMAGE CREDIT CC BY-SA 3.0 TUBS, WIKIMEDIA COMMONS //



DR LIZ ANGIER //

PCIG EAACI



The Primary Care Interest Group (PCIG) of the European Academy of Allergy and Clinical Immunology has been established since 2013 with the current Chair, Dr Dermot Ryan and Secretary Dr Liz Angier.

We are a small but highly committed group of GPs from across the world formed with the intent of improving the care of allergy patients in the community. We also hope to encourage closer links with our specialist colleagues to improve patient pathways and patient experience. The EAACI society aims to become established as a platform for allergy education and dissemination of guidelines in allergy for both secondary and primary care across Europe. The PCIG of EAACI is a Special Interest Group of WONCA Europe and we had our first joint symposium with the International Primary Care Respiratory Group at the WONCA Europe Istanbul conference in 2015 (photo attached). Building on that relationship we now have four lectures at the WONCA Europe 2016 Copenhagen conference this year. These include Dr Dermot Ryans' talk about his recent educational needs questionnaire in allergy. We will also have a booth there, so please come and say hello if you are there.

We are also pleased to announce a primary care Post

Graduate course in allergy at the main EAACI conference in Vienna on Saturday June 11th 2016 with a German speaking programme in the morning and one in English in the afternoon. The format will be an interactive real life case based discussion format.

Why not consider joining us? The details and prices for the primary care course at the EAACI 2016 conference are at <http://www.eaaci2016.org/postgraduate-course-for-primary-care-doctors/>

For more details about our Primary Care Interest Group please click this link <http://www.eaaci.org/organisation/eaaci-interest-groups/ig-on-primary-care/activities.html>

For those of you who may wish to consider joining the EAACI society details are on the website, membership is free for GPs under the age of 36.



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